



FLORHAM PARK SENIOR CITIZENS CLUB NEWSLETTER



**SEPTEMBER
- OCTOBER
2026**

WELCOME MESSAGE

Hello Senior Club Members!

I hope that you had a good summer season and are ready for the many activities that await us in the coming months. Our first big event is the Senior picnic on Wednesday, September 9th.

A delicious picnic menu has been selected and we look forward to seeing you there. The registration forms were previously e-mailed to members and are also available at the Senior Center and in this Newsletter. Don't forget to sign up by September 4, 2026. Volunteering for picnic set-up or clean-up would be appreciated.

We are busy planning other engaging activities, as well as our regular monthly meetings and social events. We look forward to your participation and building support for each other through social activities and shared information.

Rich

Recreation Department Trip

Trip flyers are available at the Senior & Community Centers. Please call David (973-410-5390) with any questions.



The Oldies But Goodies—Doo Wop to Disco Show at The Shore Club

Wednesday, September 30th, \$120 per resident and \$145 per guest.

- Fun, food, music and dancing. Enjoy a show band, a comedian, delicious lunch, and 1hr open bar.
- Meet at the Florham Park pool lot before 9:30 a.m. and return at approximately 5:30 p.m.
- Make checks payable to Florham Park Recreation.

Wind Creek Casino

Thursday, October 29th, \$30 per resident and \$50 per guest.

- You will receive \$25 in slot play. Meet at the Hildale Church lot in Cedar Knolls at 8:30 a.m. and return at approximately 5:00 p.m.
- Make checks payable to Florham Park Recreation.



HAPPY GRANDPARENTS DAY
Sunday, September 13th

Filing Deadline for Tax Relief

\$\$\$ The filing deadline for New Jersey 2025 Tax Relief programs is November 2, 2026. \$\$\$

Florham Park Police Department Sponsored Barbeque

A big "Thank You" goes out to Police Chief Svenningsen and his officers for providing a great barbecue with salads, cookies and drinks for Seniors this summer at the Senior Center.



Executive Committee Officers

President - Richard Bogart
Vice President - Michelle Bogart
Rosemary Schumacher - Treasurer
973-822-0559
Christine Davidson - Secretary
973-377-3713

Committee Members

Michelle Bogart – Senior Sunshine
Lorraine Boyd - Membership
Eileen Cerrato - Telephone Tree & Good & Welfare
Pat Chase - Newsletter
Paul Chase - Past President
Angela DeLorenzo - Publicity
Bobbi Bettel- At-Large
Mary Ann Kleban - At-Large
Annemarie Landishman - Hospitality
Bob McCoy - At-large
Marie White - At-Large

Senior Center

Diane Guido - Site Supervisor
Phone: 973-520-8984

Knitting/Crochet Circle

Knit or crochet in the craft room with Liz Dennison and Marsha Huber on Mondays, beginning September 28, 2026, from 1:45 p.m. to 3:00 p.m.

The group will be making afghans for charities such as Project Linus.

MEMBERSHIP

After a member turns 90, membership dues are no longer required. However, the yearly membership form still needs to be sent in and the Membership Chair, Lorraine Boyd, (973-484-3294), needs to be informed of your special birthday. Please help us by paying your dues ASAP for 2027. It is time consuming to follow up on unpaid dues. It would be immensely helpful to receive them at the beginning of the new year.

UPCOMING EVENTS

General Meetings & Socials - General meetings are held once monthly on Wednesdays, at 11 a.m., in the Florham Park Community Center. Social time is 15 minutes earlier. Members-only socials will be held in the Senior Center as noted in the schedule below.

- **September 9th - Senior Fall Picnic.** Open to all Florham Park senior residents. A catered picnic meal will be served at 11:30 a.m. A registration form is included in this newsletter and was previously e-mailed to members. Please volunteer to help serve food and drinks or clean-up afterwards.
- **September 23rd - Healthy Eating for Seniors: Masterclass & Cooking Demonstration.** Refreshments and entertainment will be provided by Brighton Gardens/Sunrise of Florham Park at the FP Community Center. Michael Camara, public health nurse, will be monitoring blood pressure readings before the meeting.
- **October 14th - Enjoy our general meeting** with entertainment and food at the Community Center. Sponsored by Florham Park Rehab. Michael Camara, public health nurse, will be monitoring blood pressure readings after the meeting.
- **October 28th- An Autumn Social.** A members-only event will be held at the **Senior Center** from 11:30 a.m. to 12:30 p.m. Pastries and cakes will be served.
- **Bingo** - Every Tuesday at 1:00 p.m. at the Senior Center beginning September 8th, with our fabulous caller, Bob McCoy.

Movies - Every Friday at 1:30 p.m. The movie pick is displayed on the welcome desk for the upcoming showing.



The Senior Center

will be closed on:

**September 7th
&
October 12th**



Senior Qigong begins on Friday, September 18, 2026

Senior Chair Yoga begins on Tuesday, September 22, 2026

The instructor for both classes is Anita Pachero. The registration forms can be picked up in the Senior Center. The classes are open to everyone. Any questions, please contact Cheryl Brower at 201-919-1607.



Barbara Tinari Prayer Shawl Ministry

Both beginner and experienced knitters/crocheters are welcome to meet in the FP Senior Center Craft & Card Room on Tuesdays, from 9:30 to 11:30 a.m.. Join them in making shawls and lap afghans for those in need of comfort or solace. For more information call Kathy Memoli (973-377-7611) or Pat Schwartz (973-377-0156).



FLORHAM PARK SENIOR CITIZENS PICNIC



Florham Park Community Center – Rain or Shine

Wednesday, September 9, 2026 – 11:30 a.m. - 1:30 p.m.

Beef Brisket & Pulled Chicken Sliders, Mac & Cheese, Baked Beans, Corn & Bean Salad, Corn Bread, Melon, Brownies, & Bottled Water provided by Daddy Matty's BBQ

Cost: **\$5.00 per person. Please pay by check only.**

ALL Florham Park Senior Citizens are invited to attend. Please complete this form and include a check made payable to **“Florham Park Senior Citizens Club”**.

Once completed, send both by mail to:

Mary Anna Kleban, 4 Crane Lane, Florham Park, NJ 07932

Please respond by Friday, September 4, 2026



FLORHAM PARK SENIOR CITIZENS PICNIC



Name: _____ Phone No. _____

Check # _____ Address: _____

Please check here if you are available to help out at the event _____

Florham Park Seniors Chair Exercise Class

Classes will be taught by Stephanie Akers and are open to all Florham Park seniors aged 62 years old or older. Enjoy a lively chair exercise, set to music, while improving your mind and body. Contact **Marie White (973-377-0107)** with questions.

WHEN: Mondays: 1:00 p.m. - 1:30 p.m. & Thursdays: 10:00 a.m. - 10:30 a.m.

WHERE: Florham Park Community Center

START & END DATES: Monday, September 14th, 2026 through Thursday, January 28, 2027

FEE: \$15 Please make check payable to **“Florham Park Senior Citizens Club”**

BRING: A water bottle and a long, strong rubber exercise band.

HOW: Complete the form below and return with payment to:

Marie White, 24 Riverside Drive, Florham Park, NJ 07932

Name: _____

Street Address: _____

Email Address: _____

Phone (Home) _____ Phone (Cell) _____ Do you text? Yes or No

Emergency Contact Person: _____ Phone # _____

I agree not to hold responsible: the Florham Park Senior Citizens Club, its officers and volunteers, or its exercise program and instructor; the Florham Park Recreation Department, or its employees and volunteers; or the Borough of Florham Park, its elected or appointed officers, employees, volunteers, or agents, for any accident or injury sustained by me during the course of this program.

Participant Signature: _____ Date: _____

HAPPY BIRTHDAY

SEPTEMBER

Barbara Nevis	9/1
Barbara Chanes	9/8
Nancy Fiore	9/10
Candy Von Brook	9/12
Arlene Mittelstadt	9/13
Peter Pelosi	9/14
Rosemary Schumacher	9/14
Roger Siara	9/14
Rick Vrablik	9/15
Roman Lemega	9/17
Gerry Capanear	9/20
Rosemary Skeelee	9/20
Jerry Cioce	9/22
Karen Crincoli	9/23
Rita Castaldo	9/25
Elizabeth Dennison	9/27
Isabella Scavetta	9/28
James Monahan	9/29
Dora Cioce	9/30
Bob Wilson	9/30

OCTOBER

Jay Blumenthal	10/1
Loretta Wilson	10/1
Teri Bianco	10/3
Mahesh Desai	10/3
Barbara Rodriques	10/4
Carole Rella	10/5
Jatin Gajarawala	10/6
Maryann Core	10/11
Maria Inserra	10/11
Pat Giuliano	10/16
Janet Wollmann	10/16
Michelle Bogart	10/18
Carol Baldino	10/20
Tadgusz Brzozowski	10/20
Hedi Molnar	10/21
Andrea Kauter	10/22
Lorraine Benacchio	10/25
Mary Meier	10/25
Maria Weir	10/26
Michael Clark	10/27
George LaVecchia	10/30

Bridge

Currently, seniors play bridge games on Monday afternoons from 1:30 p.m. to 3:30 p.m. at the Senior Center. Please contact Millie Ringer (973-845-9367) if interested in playing or being a substitute player.

FP Heavy Item Pickup

Thursday, September 3rd is the deadline to register for heavy item pickup in Florham Park. Register online or call 973-410-5330. Pickup starts the week of September 8th.

Florham Park Library

Second Sunday, (9/13 & 10/11) performances are held each month, from 2:00 to 3:00 p.m. in the Akhoury Room.

Upcoming Programs:

Johnny Kasun– Jim Croce I Got A Name The band will perform Croce classics and tell stories.

Briz Voices Of Rock- Performing on an acoustic guitar and harmonica, Briz will do classic covers and vocal impressions of famous rock artists.



Welcome New Members

Barbara Amabile
Carol Anderson
Anne & Michael Clarke
James Danishek
Caroline Flannagan
Avner Mishal
Debbie Rice
Susan Walsh

Keep In Touch

Feeling out of touch? Try calling Eileen Cerrato at 973-822-2296. She is a great resource and will lend an empathetic ear. Please call her when a member is ill or not feeling well so she can send them a card.

Rotary Club of Florham Park
Taste of Florham Park
Tuesday, September 22 | 6 PM-9 PM
Brooklake Country Club

Enjoy an evening out!

- ✓ Sample cuisine from local restaurants
- ✓ Enjoy great music
- ✓ Take part in our silent auction, wine pull, 50/50

Tickets are \$65.00 per person. Click the QR code to purchase.

For more details about the event, visit florhamparkrotary.com



PROJECT HEALTHY BONES

This program provides exercises and education to encourage a more bone-healthy lifestyle. Please pick up the required registration forms in the Senior Center.

The class meets every Wednesday from 1:30 p.m. to 3:00 p.m. at the Senior Center. Participants will receive a 52-page participant manual for a one-time fee of \$10.

Flu Shot Clinic

CVS will be sponsoring a Flu Shot Clinic in the Senior Center in September and October.

Details to follow.