



FLORHAM PARK SENIOR CITIZENS CLUB NEWSLETTER



PRESIDENT'S MESSAGE

Fall activities sponsored by the Senior Club and the Senior Center are off to a great start. Our September picnic had over 100 seniors and guests attending the event with the weather cooperating again. Thanks go out to the many volunteers who helped to organize, serve food, clean-up and provide entertainment.

The Senior Exercise, Healthy Bones, and Qi Gong programs all have had good turnouts with new participants joining in. Tuesday Bingo, with Bob McCoy as the caller and homemade refreshments, is always a fun time. And the Senior Center is active with card and tile games, crafts and movies.

With the assistance of Chief Joe Orlando and Officer Faith Carney, our Police Department has developed a program to collect emergency access information from residents. This information would be needed in case you are not able to unlock your door in an emergency situation. In addition, home security assessments can be conducted by our police department upon request.

Remember - Two important dates coming up in November are: Election Day on the 7th, and Veterans Day on the 11th.

Our Holiday Luncheon will be at the Hanover Manor on December 13th. Entertainment will be provided by the Hanover Park High School Chamber Singers. A registration form is included in the Newsletter.

From our family to yours, we wish you a Happy Thanksgiving and Happy Holidays.

Paul

Morris County Services for Seniors

The Morris County Office on Aging, Disabilities & Community Programming is an excellent resource for information on various programs available to Morris County seniors.

Some of the programs offered are:

- **Nutrition:** Provides nutritious meals, education and personal interaction.
- **Care Management:** Assistance to elderly disabled individuals deemed at risk of premature institutionalization.
- **Partner Agencies:** They partner with 19 community organization to provide funding for needed services for Morris County seniors.
- **MAPS:** A curb-to-curb shared ride transportation service available to residents of Morris County such as senior citizens, people with disabilities, and veterans. MAPS is used for medical transportation, social services, and grocery shopping.

For more information on these and other services, call 973-285-6848.

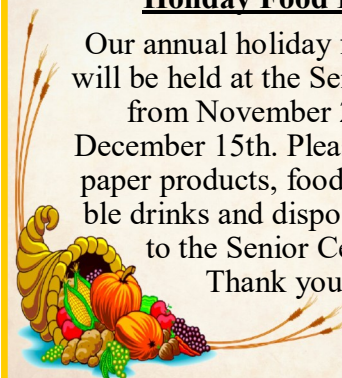
Seniors Fall Picnic



Holiday Food Drive

Our annual holiday food drive will be held at the Senior Center from November 27th to December 15th. Please bring all paper products, food, shelf stable drinks and disposable bags to the Senior Center.

Thank you.



Executive Committee Officers

Paul Chase - President

973-822-0031

Angela DeLorenzo - Vice President

973-377-4996

Rosemary Schumacher - Treasurer

973-822-0559

Christine Davidson - Secretary

973-377-3713

Committee Members

Carl Bronfman - At-large

Eileen Cerrato - Telephone Tree & Good & Welfare

Pat Chase - Newsletter

Angela DeLorenzo - Social Publicity

Joelyn Hoferer - Seniors Helping Seniors

Bob McCoy - At-large

Marianne Nucci & Lorraine Boyd - MCCoOPO

Carol Padden - Membership

Winnie Schurek - Publicity

Senior Center

Diane Guido - Site Supervisor

Phone: 973-520-8984

UPCOMING EVENTS

Membership Meetings - Meetings are held on the second and fourth Wednesdays of the month at 11 a.m. at the FP Community Center, except in November and December.

- **November 8th** - William Crawford presents "Secrets of the Centenarians". He will discuss healthy and active aging. Sunrise Senior Living of Florham Park will provide sandwiches.

New Program - The Ridgedale Middle School 6th graders will sing Seasonal Carols. **December 7th** - Thursday, from 10:45 a.m. until 11:30 a.m. at the Community Center. Light refreshments provided.

Bingo - Every Tuesday at 1:00 p.m. at the Senior Center.

Senior Exercise, Qi Gong and Healthy Bones - These fitness and healthy life-style programs are open to all seniors. New sign up forms will be in the next newsletter or available at the Senior Center.

Movies - Every Friday at 12:30 p.m. at the Senior Center.

No movie on November 24th and December 22nd.

Holiday Luncheon - Held at the Hanover Manor on Wednesday, December 13th. A registration form is included in the newsletter.

FP Library - Real Estate Seminar For Seniors - November 3rd, 10:00 - 11:00 a.m., Akhoury Room. Three experts will give tips and advise regarding real estate decisions.

FP Library - Second Sundays, 2:00 - 3:00 p.m.

November 12th, Norman Rockwell: An American Phenomenon

December 10th, Winter Holiday Music



The Senior Center

Will be closed on:

Friday, November 10, 2023

Thur. & Fri., November 23 & 24, 2023

Fri. & Mon., December 22 & 25, 2023

Monday, January 1, 2024



Welcome To Our Newest Members

Maryann Core

Lorraine Finaldi

Janette Ullrich



Keep In Touch

If you can't make our meetings or visit the Senior Center, stay in touch by calling Eileen Cerrato at 973-822-2296.

She also sends out get-well and sympathy cards.

Please keep Eileen updated on the welfare of our members.



Bridge

Seniors interesting in playing or subbing in bridge games on Monday afternoons from 1:30 p.m. to 3:30 p.m. at the Senior Center, please contact Joan Metro at 973-377-8655 or 973-714-5281.



Music By Steve Brozyna

Come listen to Steve sing and play his guitar at the Senior Center on Mondays @1:30 p.m.

- November 6th & November 20th
- December 4th & December 18th



THE HISTORICAL SOCIETY OF FP

Program at 7 p.m. in the FP Library:

Monday, November 13th - "Stories from the Mayflower"

AARP is seeking volunteers to prepare tax returns, assist clients at the site or set-up appointments. Training is provided in November and ends in January. Visit [freetaxesmorrisonj.org](https://www.aarp.org/forms/volunteer-tax-aide/) for additional information about the program. You can sign up to volunteer at <https://www.aarp.org/forms/volunteer-tax-aide/>



HAPPY BIRTHDAY



NOVEMBER

William	Haemmerle	11/1
Linda	Frank	11/2
Eva	Mitro	11/2
Kirk	Nixon	11/3
Nancy	Sigler	11/3
Anita Joan	Aaron	11/6
Paul	Chase	11/6
Joan	Scarlata	11/8
Eileen	Falco	11/11
Tom	O'Brien	11/12
Stephen	Brozyna	11/14
Patricia	Danishek	11/19
Mike	Renahan	11/22
Jacqueline	Hoffman	11/23
Margaret	Varvara	11/23
Bobbi	Bettle	11/24
Shirley	Virosco	11/24
Barbara	Tassielli	11/26
Shamima	Haidri	11/28
Laura	Cirrincione	11/30

Happy Belated 107th Birthday, Marie Anzalone



DECEMBER

Bharati	Shah	12/4
Elaine	Hoffman	12/5
Peggy	Patrick	12/5
Peggy	Dellanno	12/7
Doris	Newman	12/10
Bharati	Daftari	12/11
Juanita	Mayo	12/11
Tommy	Rackley	12/12
Kusum	Ketkar	12/13
Maureen	Capanear	12/13
Sharon	Richman	12/14
Phyllis	DiGiacomo	12/17
Steve	Meier	12/21
Marie	D'Amico	12/23
Carol	Padden	12/23
Karen	Giordano	12/26
Natalie	Powell	12/26
William	DeLorenzo	12/27
Marie	Camerlengo	12/29
Maria	Eng	12/29
Ronald	Bauer	12/30
Marjorie	Spada	12/31

AAR Smart Driver Course

This safe driving course will be held on Wednesday, November 29, 2023 from 9:30 a.m. to 3:30 p.m. at the FP Senior Center. The cost is \$20 for AARP members and \$25 for non-members. Also, you may be able to save money on your car insurance.

Please bring your own lunch. Dessert, water & coffee will be provided. To register, stop by the Senior Center or call Marie White @ 973-377-0107.



HOME SECURITY ASSESMENT

The Florham Park Police Department will conduct a home security assessment at no-charge upon request. The assessment includes suggestions for improving the security of your residence.

To schedule, email Chief Orlando at JORLANDO@FPPD.NET or call the non-emergency number at 973-377-2200, and select the police dispatcher option. Tell the dispatcher you would like to schedule a home security assessment and your call will be transferred. If no one answers after being transferred, leave a message.

Recreation Department Trip

“Miracle of Christmas”
Wednesday, December 20th,
\$164 per FP senior resident.

Enjoy a Christmas program at the Sight & Sound Theatre. Lunch is included before the show.

Sign-up forms are available in the Senior Center.

EMERGENCY HOME ACCESS

There can be times when seniors may not be able to respond to unlock their door in case of an emergency so that police or first responders can enter. To remedy this situation, the Florham Park Police Department has established a program to collect emergency access information from residents.

Forms for collecting emergency access information are available at the police department and the Senior Center. Completed forms can be dropped off with the dispatcher at police headquarters or emailed to dbunds Schuh@fppd.net.



First Aid Squad's Memorial Tree of Lights Program

Purchase lights to honor family members, veterans, or friends. The tree will be lit from November 12th to February 14th. Your \$25 per light donation will be used for equipment and supplies. A brief ceremony will be held on Sunday, November 12th at 4:30 p.m. For more information please go to the Squad's website @ www.fppfirstaid.org.

Thank you in advance for your support!



State Health Insurance Assistance Program

During the Medicare Annual Enrollment period, Oct. 15th to Dec. 7th, changes can be made to your plan for the following year. Through the SHIP program, volunteer Medicare counselors are available to provide information and assistance to help you make your own decisions. Call 973-635-4565 for an appointment.



FLORHAM PARK SENIOR CITIZENS CLUB

2023 HOLIDAY LUNCHEON

Wednesday, December 13, 2023



The Hanover Manor, East Hanover, NJ

Cocktail Hour: 11:30 a.m. (cash bar) Luncheon Served – 12:30 p.m.

Choice of Entrée: Chicken Francaise, Roast Top Sirloin of Beef, Filet of Salmon, or Eggplant Parmigiana

Cost: \$38.00 per member/\$48.00 non-member

Please pay by check only.

Please return the completed form and a check made payable to:

“Florham Park Senior Citizens Club”

Mail to: Robert McCoy, 29 Orchard Road, Florham Park, NJ 07932

Please indicate seating preference, otherwise seating will be assigned.

Reservation deadline: Wednesday, December 6th - No refunds after this date

Note: No take home dinners are allowed for non-attendees.

Florham Park Senior Citizens 2023 Holiday Luncheon Form

(10 people per table)

Name: _____	Entrée: _____	Check # _____
Name: _____	Entrée: _____	Check # _____
Name: _____	Entrée: _____	Check # _____
Name: _____	Entrée: _____	Check # _____
Name: _____	Entrée: _____	Check # _____
Name: _____	Entrée: _____	Check # _____
Name: _____	Entrée: _____	Check # _____
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